



InVivo Biosystems

Instructions for Using Large Scale Synchronized Worm Beads

Application 1. For protein purification, coimmunoprecipitation (CoIP), chromatin-IP (ChIP), chromatography, and related applications

Materials and equipment:

- Lysis buffer pre-chilled to 4°C.
- Protease inhibitors/ice and ice bucket.
- Tissue homogenizing instrument, e.g. probe sonicator, Dounce homogenizer, bead mill, etc.
- Refrigerated centrifuge

Procedure:

1. Pre-chill all buffers and containers.
2. Remove Large Scale Synchronized Worm Beads from -80°C. Keep on ice.
3. Immediately immerse beads in 1 or more volumes of lysis buffer with protease inhibitors.
4. Thaw quickly and resuspend thoroughly.
5. Lyse worms using probe sonication or your choice of tissue disruption method.*
6. Transfer to ultracentrifuge tube and centrifuge at >25,000g for 10min. (Alternatively, centrifuge at 15,000g in benchtop centrifuge.)
7. Transfer supernatant to a clean, pre-chilled container for downstream use.

**Evaluate lysis efficiency by collecting small samples of crude lysate, pellet, and supernatant and analyzing by SDS-PAGE.*

Application 2. For SDS-PAGE and Western Blotting

Materials and equipment:

- Laemmli sample loading buffer (2X or 4X)
- Ice and ice bucket.
- Benchtop centrifuge.
- Heat block or heat plate/Equipment for SDS-PAGE
- Equipment for Western blotting (if desired)

Procedure:

1. Remove Large Scale Synchronized Worm Beads from -80°C. Keep on ice.
2. Remove a single Worm Bead and return the rest to -80°C.
3. Add Laemmli Sample buffer to 1X at 500µl (dilute or concentrate as needed).
4. Boil sample for 5min (or heat at 37°C for 10min for sensitive applications).
5. Spin at maximum speed (~15,000 x g) in benchtop centrifuge.
6. Load 1-50µl of supernatant on separating gel.